

## THPY1130 - Advanced Massage

|                    |   |
|--------------------|---|
| Credits:           | 2 (1/1/0)   |
| Description:       | This course prepares massage students to execute advance massage techniques. Students will learn optional techniques available to clients including abdominal massage, facial massage and massage of the gluteals. Massage for special populations will be discussed, including massage for the elderly and chair massage.  |
| Prerequisites:     | <ul style="list-style-type: none"> <li>• THPY1110</li> </ul>  |
| Corequisites:      |   |
| Pre/Corequisites*: |   |
| Competencies:      | <ol style="list-style-type: none"> <li>1. Explain and perform abdominal massage techniques.</li> <li>2. Explain and perform gluteal massage techniques.</li> <li>3. Explain and perform chest massage techniques.</li> <li>4. Demonstrate the use of specified massage tools.</li> <li>5. Explain and perform chair massage.</li> <li>6. Demonstrate and perform all types of joint movements.</li> </ol> |
| MnTC goal areas:   | None  |

\*Can be taking as a Prerequisite or Corequisite.