

# COSMETOLOGY

## DIPLOMA - 58 CREDITS

### About this program

Cosmetology is the art, science and business of beauty care and offers students a variety of career opportunities. Students completing the Cosmetology program can choose to be general cosmetologists or to excel in an area of expertise such as perming and cutting, hair care and coloring, or skin and nail care. Students receive a combination of classroom and laboratory work with the opportunity to practice their skills on mannequins and actual customers in the campus salon. Acquired cosmetology hours or credits earned and documented from other licensed colleges, whether in or out of state, may be accepted upon approval of the Minnesota Board of Cosmetologists. Graduates holding a valid cosmetology license are eligible for employment in salons and many other unique employment settings. The Board of Cosmetologists, which is the cosmetology licensing body, requires 1,550 hours of clinical time in order to become licensed in Minnesota. Upon completion of 1,550 hours and passing of the state exam, a license will be issued. (Note: 33 credits in Salon Practicum is the maximum number of credits which can be applied toward the diploma.)

### Program outcomes

1. Relate knowledge and technical procedures to perform proficiently in all cosmetology skills.
2. Apply ethical behaviors and human relation skills with patrons, employers and co-workers.
3. Show professionalism in all relationships in the cosmetology salon environment.
4. Know and understand the Minnesota state laws, rules and regulations that pertain to the individual policies or responsibilities of all cosmetology license holders.
5. Know employee sanitation procedures and perform safety procedures in compliance with Minnesota laws and rules.
6. Evaluate hair, skin and nail disorders or diseases that should be referred to a physician.
7. Prepare and know the specific uses and safety of all equipment and supplies used in the cosmetology salon.
8. Prepare the chemical formulas necessary to ensure accurate product knowledge to perform cosmetology services.

### Curriculum overview

<b>Crds</b>	<b>Requirement type</b>
30	Required courses
28	Restricted electives in special requirements
58	<b>Total</b>

**Developmental courses note:** A student may be required to enroll in developmental courses in reading, writing and math. A student's scores on the Accuplacer assessment will determine enrollment in developmental courses. The purpose of developmental courses is to prepare students for the demands of a college-level curriculum. *Credits may vary.*

# Curriculum requirement details

## Required courses

Course	Crds
COSM1000 - Principles and Practices .....	3
COSM1002 - Client Consultations .....	1
COSM1003 - License Preparation Cosmetology .....	1
COSM1004 - Cosmetic Chemistry and Makeup Applications .....	1
COSM1005 - Hair Reformation .....	1
COSM1006 - Spa Therapies .....	1
COSM1007 - Gel Nail Applications .....	1
COSM1010 - Eyelash Extensions .....	1
COSM1100 - Salon Safety .....	1
COSM1109 - Skin Analysis .....	1
COSM1117 - Shampooing and Rinsing .....	1
COSM1119 - Haircutting .....	1
COSM1129 - Hairstyling .....	1
COSM1130 - Properties of the Hair and Scalp .....	1
COSM1157 - Histology of the Skin .....	1
COSM1159 - Facials and Hair Removal .....	1
COSM1161 - Nail Structure and Growth .....	1
COSM1163 - Hair Color .....	1
COSM1171 - Principles of Hair Design .....	1
COSM1179 - Minnesota Cosmetology Laws and Rules ...	1
COSM1202 - Salon Practicum Nail Technician .....	1
COSM1203 - Salon Practicum Esthetician .....	1
COSM2000 - Artistry in Hairstyling .....	1
COSM2100 - Chemical Texture Services .....	1
COSM2200 - Manicuring/Pedicuring .....	1
COSM2300 - Cosmetology Anatomy .....	1
COSM2400 - Advanced Nail Techniques .....	1
COSM2500 - Salon Business .....	1

## Other requirements or restricted electives

### Special Requirement: 26 credits

- COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses:  
 COSM2800 Alexandria Body Sugar (1 credit)  
 COSM1304 Hair Extension Techniques (1 credit)  
 COSM1300 Clipper C

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### Special Requirement: 2 credits

- COSM1204 Salon Practicum Hair Technician (1 credit) cosmetology students need a total of 2 credits in this course (one in fall, one in spring)
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## Course summaries

### **COSM1000 - Principles and Practices** ..... (3 credits)

This course is intended for manicurists, estheticians and some transfer students. In a condensed form, this course will include the topics of chemistry, electricity, salon business, professional image, anatomy and infection control.

#### **Prerequisites:**

- none

### **COSM1002 - Client Consultations** ..... (1 credits)

This course is for cosmetology and esthology students. Students will develop the skills necessary for a successful client consultation to achieve the client's desired outcome.

### **COSM1003 - License Preparation Cosmetology** ..... (1 credits)

This course will prepare the cosmetology student for the general theory exam, written practical exam and Minnesota laws and rules exam issued by the Minnesota State Board of Cosmetology. Additionally, the student will practice mock tests in preparation for skills certification. Cosmetology students will review their knowledge and skills in all theory and practical topics learned throughout their training. Completion of this course will help the student identify areas of weakness that need additional review prior to scheduling their state exams and completing cosmetology skills certification.

### **COSM1004 - Cosmetic Chemistry and Makeup Applications** ..... (1 credits)

This course covers the composition of product ingredients, changes produced by cosmetic products, color theory, makeup applications, eyelash and eyebrow tinting, air brush makeup, camouflage makeup and facial structure.

### **COSM1005 - Hair Reformation** ..... (1 credits)

In this course, students will learn how to permanently or semi-permanently straighten overly curly hair. Students will learn the various types of sodium hydroxide relaxers, thio relaxers including Japanese straightening systems, and keratin treatments including Brazilian blowouts.

### **COSM1006 - Spa Therapies** ..... (1 credits)

This course covers advanced spa services, body treatments and alternative related therapies. Students will be able to identify, explain and determine spa treatments and services suited for individual clients needs.

### **COSM1007 - Gel Nail Applications** ..... (1 credits)

This course provides an introduction to gel applications for cosmetology and nail technology students. Students will understand the procedures for tips with overlays, natural nails and sculpted nails using various types of gel enhancement products.

### **COSM1010 - Eyelash Extensions** ..... (1 credits)

This course is for cosmetology students, esthology students and anyone who wishes to perform eyelash extensions. "Eyelash extensions" means the application, removal and trimming of threadlike natural or synthetic fibers to an eyelash, and includes the cleansing of the eye area and lashes. Eyelash extensions do not include color agents, straightening agents, permanent wave solutions, bleaching agents, applications to the eyebrow or any other cosmetology service.

### **COSM1100 - Salon Safety** ..... (1 credits)

This course is for students pursuing a cosmetology, esthology, nail technology and eyelash technology career. Students will learn the necessary precautions and safety measures to ensure a safe working environment. Students must pass all applicable sections of the Infection Control Practical Skills test prior to providing services on live models during preclinical training and prior to providing services on the client clinic floor.

### **COSM1109 - Skin Analysis** ..... (1 credits)

This course is for cosmetology and esthology students. Students will learn how to perform a skin analysis and determine skin types. Client skin analysis is an important part of an esthetician's or cosmetologist's skills, since recommending the appropriate skin care products and regime must be individualized for each person.

### **COSM1117 - Shampooing and Rinsing** ..... (1 credits)

This course covers shampooing and draping. Students will learn the importance of selecting the correct shampoo for various hair types.

### **COSM1119 - Haircutting** ..... (1 credits)

This course will help students develop a strong foundation in haircutting. Students will learn basic sectioning and cutting techniques, along with correct use of scissors, razors and clippers to achieve a strong foundation in haircutting.

### **COSM1129 - Hairstyling** ..... (1 credits)

This course will instruct students in conducting services in a safe environment. Students will learn the styling and finishing techniques to complete a hairstyle to the satisfaction of the client.

### **COSM1130 - Properties of the Hair and Scalp** ..... (1 credits)

In this course students will learn the different layers of the hair and how it can be damaged. It is essential for students to be able to analyze a client's hair, determine what type of damage the hair has experienced and prescribe corrective treatment.

**COSM1157 - Histology of the Skin** ..... (1 credits)  
In this course students will learn the basic structure of the skin and its function. Students will learn how to conduct services in a safe environment and how to take measures to prevent spreading infectious and contagious diseases.

**COSM1159 - Facials and Hair Removal** ..... (1 credits)  
Students will learn the uses of various skin care products and how to apply them to different skin types. Students will learn many types of hair removal techniques and basic massage movements to assist in providing skin care services.

**COSM1161 - Nail Structure and Growth** ..... (1 credits)  
In this course students will learn the structure of the nail, how to recognize various disorders and which disorders can be serviced in the salon.

**COSM1163 - Hair Color** ..... (1 credits)  
In this course students will learn how to conduct a color service in accordance with a client's needs and the importance of using a variety of salon products and techniques to achieve the appropriate color outcome.

**COSM1171 - Principles of Hair Design** ..... (1 credits)  
This course will give students an understanding of design and how to incorporate design into creating a pleasing hairstyle for each client's facial features.

**COSM1179 - Minnesota Cosmetology Laws and Rules** ..... (1 credits)  
This course prepares students for the Laws and Rules portion of their state license examination.

**COSM1202 - Salon Practicum Nail Technician** ..... (1 credits)  
In this course, students work in a licensed school salon to meet requirements stipulated by the State Board of Cosmetology. The course includes instruction in applied science and skills in cleaning, conditioning, shaping, reinforcing, coloring and enhancing of nails, and in the application and repair of artificial enhancements. Each student is required to complete a specific minimum number of clinical exercises, as well as a minimum number of clinical hours, to fulfill requirements set by the State Board of Cosmetology.

**COSM1203 - Salon Practicum Esthetician** ..... (1 credits)  
In this course, students work in a licensed school salon to meet requirements stipulated by the State Board of Cosmetology. The course includes instruction in applied science and skills in the procedures of cosmetic care of the skin, client consultation and skin analysis, applications of facials and makeup, waxing, and eyelash extensions. Each student is required to complete a specific minimum number of clinical exercises, as well as a minimum number of clinical hours, to fulfill requirements set by the State Board of Cosmetology.

**COSM2000 - Artistry in Hairstyling** ..... (1 credits)  
This course focuses on the various types of non-surgical hair additions. Students will learn about the care and styling of wigs and basic braiding procedures to create hairstyles that are pleasing to clients.

**COSM2100 - Chemical Texture Services** ..... (1 credits)  
Students will learn about hair relaxation and wave formation techniques in accordance with manufacturers' directions. Other topics in the course include consulting with clients to determine their needs and preferences and the importance of conducting chemical services in a safe environment.

**COSM2200 - Manicuring/Pedicuring** ..... (1 credits)  
In this course students will learn basic manicuring and pedicuring procedures. Students will understand the importance of providing services in a safe environment.

**COSM2300 - Cosmetology Anatomy** ..... (1 credits)  
Cosmetology is primarily limited to the skin, muscles, nerves, circulatory system and bones of the head, face, neck, shoulders, arms, hands, lower legs and feet. In this course students will understand the anatomy of these areas to help develop the necessary techniques to be used during scalp massages, facials, manicures, pedicures and shampoo services.

**COSM2400 - Advanced Nail Techniques** ..... (1 credits)  
In this course students will learn how to conduct a client consultation to determine client needs and preferences. Students will learn about a variety of salon products that will enable them to provide nail services to clients.

**COSM2500 - Salon Business** ..... (1 credits)  
In this course students will learn how to manage their time to provide efficient client services. Students will learn the necessary steps to retain clients and how to market salon products and maintain business records.

# COSMETOLOGY

## DIPLOMA - 58 CREDITS

### Program Plan — "Cosmetology Fall Start"

Locations: Wadena

#### 1st Fall Term (20 credits)

##### Courses

Course	Crds
COSM1000 - Principles and Practices .....	3
COSM1002 - Client Consultations .....	1
COSM1005 - Hair Reformation .....	1
COSM1007 - Gel Nail Applications .....	1
COSM1010 - Eyelash Extensions .....	1
COSM1100 - Salon Safety .....	1
COSM1117 - Shampooing and Rinsing .....	1
COSM1119 - Haircutting .....	1
COSM1130 - Properties of the Hair and Scalp .....	1
COSM1161 - Nail Structure and Growth .....	1
COSM1171 - Principles of Hair Design .....	1
COSM1179 - Minnesota Cosmetology Laws and Rules ...	1
COSM1202 - Salon Practicum Nail Technician .....	1
COSM2100 - Chemical Texture Services .....	1
COSM2200 - Manicuring/Pedicuring .....	1
COSM2400 - Advanced Nail Techniques .....	1

##### 1 credits in one or more of the following:

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1300 Clipper C

##### 1 credits in one or more of the following:

COSM1204 Salon Practicum Hair Technician (1 credit) cosmetology students need a total of 2 credits in this course (one in fall, one in spring)

#### 1st Spring Term (20 credits)

##### Courses

Course	Crds
COSM1004 - Cosmetic Chemistry and Makeup Applications .....	1
COSM1006 - Spa Therapies .....	1
COSM1109 - Skin Analysis .....	1
COSM1129 - Hairstyling .....	1
COSM1157 - Histology of the Skin .....	1
COSM1159 - Facials and Hair Removal .....	1
COSM1163 - Hair Color .....	1
COSM1203 - Salon Practicum Esthetician .....	1
COSM2000 - Artistry in Hairstyling .....	1
COSM2300 - Cosmetology Anatomy .....	1
COSM2500 - Salon Business .....	1

##### 8 credits in one or more of the following:

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1300 Clipper C

##### 1 credits in one or more of the following:

COSM1204 Salon Practicum Hair Technician (1 credit) cosmetology students need a total of 2 credits in this course (one in fall, one in spring)

#### 1st Summer Term (6 credits)

##### Courses

No specific courses set for this term.

##### 6 credits in one or more of the following:

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1300 Clipper C

## 2nd Fall Term (12 credits)

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### Courses

Course	Crds
COSM1003 - License Preparation Cosmetology .....	1

### 11 credits in one or more of the following:

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1300 Clipper C

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